



**How To Farm
Additional Information**

Sample timetable

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Setting your context	Trees on farms	Cattle enterprise	Hen enterprise	Making it pay
	Lunch				Finish by 1pm
	Beekeeping	Starting from scratch	Kitchen garden	Pig enterprise	
Arrival between 5pm-8pm for camping	Dinner and rest time				

The above is a sample timetable of how your week with us might look. It's all subject to weather conditions and when we run individual modules will only be decided the day before the course starts.

In more detail, it looks like this

Setting your context

- General introductions and housekeeping
- Introduction to Holistic Management
- Setting values, purpose and context and identifying assets and limiting factors

Beekeeping

- Infrastructure and costs
- Practical beehive inspection (we need to know about any bee allergies!)
- Honey harvesting and processing

Trees on Farms

- How to plant a tree
- Hedgerow planning and planting
- Existing woodland management
- Shelterbelt planning and planting
- Growing trees for animal feed
- New woodland creation – planning and costs

Starting from Scratch

- Business set up – key learnings and questions to ask
- Diversification of micro-butchery

Cattle Enterprise

- Infrastructure and costs
- Regenerative grazing and planning
- Welfare and Handling
- Beef planning and sales

Kitchen Garden

- Outside growing
- Polytunnel growing
- Small scale commercial veg growing
- Fruit tree and shrub planting and planning

Hen Enterprise

- Infrastructure and costs
- Regenerative grazing with hens
- Welfare and maintenance
- Egg processing

Pig enterprise

- Infrastructure and costs
- Regenerative grazing and planning
- Welfare and Handling
- Pork planning and sales

Make it Pay

- Online presence including website and social media
- Enterprise stacking
- Selling and marketing

Timings usually look something like this.....

Sunday before the course – arrival between 5pm-8pm for those camping

7.30-8.30 – Buffet breakfast available

9am-1pm – Teaching (with a short mid break)

1pm-2pm – Buffet lunch

2pm-5pm – Teaching (with a short mid break)

6.30pm – Evening meal

Last day of the course – finish by 1pm

Meals are complimentary so it's entirely up to you if you would like to join us for these. We're unable to cater for specific allergies and we will try our best to work with dietary choices and intolerances but may need you to supplement some elements.

We usually try and plan a number of enrichment activities between end of teaching and evening meals. We believe passionately in the importance of mental and physical well-being and acknowledge the importance of rest and how important it is to prioritise this every day.

Therefore we are happy to showcase some of our local area through different walks and/or swim options. Again these are not a formal part of the course and are entirely optional but they do provide further options for networking, relaxation and connection, as well as giving you a unique, local insight into the stunning beauty that is the Cairngorms National Park.

Onsite camping with a tent or in a campervan is free of charge. We're unable to host additional friends or family members who may be with you but are not attending the course. We're also not able to accept any dogs at Lynbreck.

Total cost of the course is £649 (inc VAT). We accept bookings via our website or via bank transfer. If you would like to use the latter option, please confirm with us beforehand to book your place and we will send out an invoice. Your place will be confirmed once payment has been received.

If you've got any further questions, please do get in touch via our website contact form. We only run two of these a year and honestly, they are our annual highlight.

And just to leave you with some statements shared with us by a few of our 2024 graduates

'Lynbreck is a hope beacon'

'This has changed my life. You've helped me find me again'

'I am a farmer where I put the farm first and me last. I'm going to change that'

'Your attention to detail was very impressive'

'You communicate with such integrity and passion'

We'd love for you to join us.

Lynn and Sandra